

# Guide to Home-Based COVID Treatment

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# Guide to Home-Based COVID Treatment

My COVID Test is POSITIVE. What are my options for early treatment?

## FIVE STEPS That Could Save Your Life!

**STEP 1.** Read the COVID PATIENT GUIDE, available free here: [www.TruthForHealth.org](http://www.TruthForHealth.org)

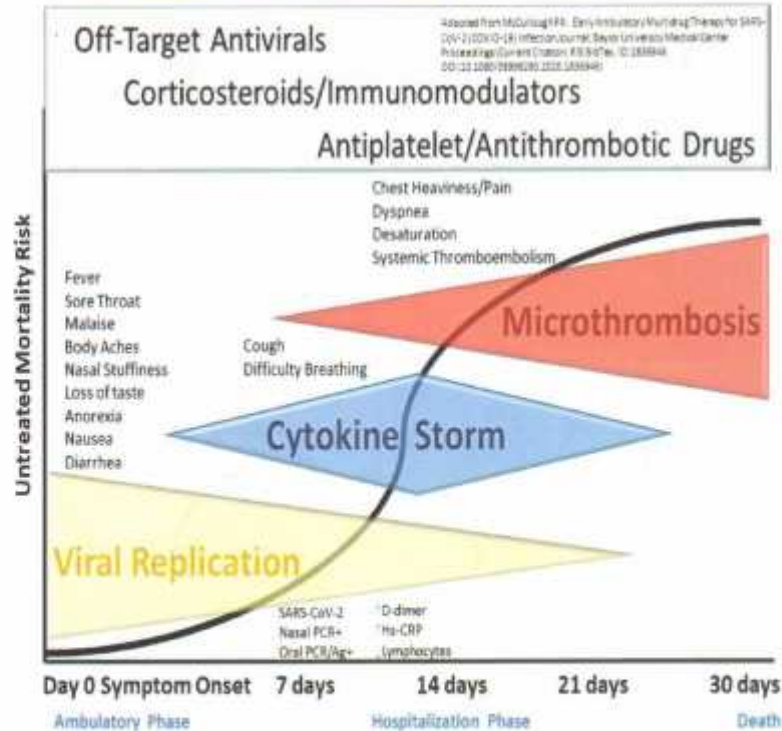
This booklet has been written by a team of physicians treating COVID patients with the latest information on prescription medications available worldwide at low cost. Ask your physician to help you get treatment started quickly at home to reduce risk of hospitalization and death.

**STEP 2.** Learn the **STAGES of COVID-19 illness**. Each stage needs different medicines (below).

Stage I: **Viral Replication** (virus multiplies using your body cells' machinery).

Stage II: **Exaggerated Inflammation Response** (inflammation damages your body organs).

Stage III: **Exaggerated Formation of Blood Clots** in lungs and other organs (can cause death).



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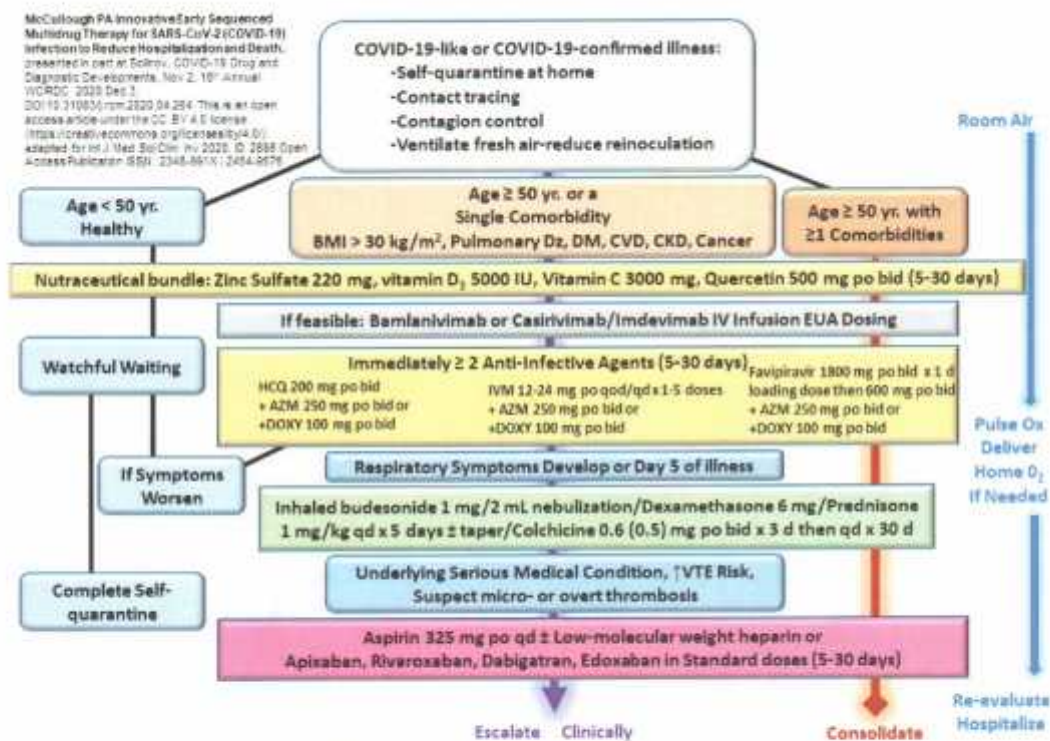
**STEP 3.** Take steps to keep your body as healthy as possible.

Get fresh air and sunshine. Open windows to reduce re-circulating the virus, recommendations in Truth For Health COVID Patient Guide to add zinc, vitamin D, vitamin C and healthy foods.

**STEP 4.** Talk with your Doctor about medicines in this Algorithm for each stage of illness: ,

**STEP 5.** Call your primary care physician, or request a TeleMedicine appointment.

To reduce the risk of hospitalization, it is critical to start treatment at home with approaches in DIAGRAM below. If your doctor does not treat COVID, immediately contact a TeleMedicine resource in the Covid Patient Guide.



BMI=body mass index, DM=diabetes, DM=diabetes mellitus, CVD=cardiovascular disease, CKD=chronic kidney disease, IVM=ivermectin, HCO=hydroxychloroquine, AZM=azithromycin, DOXY=doxycycline, IVM=ivermectin, VTE=venous thrombo-embolic, EUA=Emergency Use Authorization (U.S. administration)

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